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COVID-19 Update for Patients & Referring Providers

The process of completing psychological and neuropsychological evaluations requires activities that are within close proximity to one another and closer than the 6 feet of social distance that is recommended right now. Since we now know that individuals without symptoms can still spread the coronavirus (Covid-19) to others, it seems unwise to conduct in-person evaluations at this time. Therefore, to protect the health and safety of my patients, their families, and others in my office, I have made the following practice decisions to help reduce the spread of Covid-19:

- 1) All evaluation appointments through April 10th have been cancelled. These patients have already been contacted and will be given priority scheduling options once it is safe to do so.
- 2) Any patients scheduled after April 10th will be contacted if a decision is made to postpone these evaluations as well to reduce the risk of spreading Covid-19.
- 3) Anyone who is scheduled for an evaluation after April 10th and wants to cancel or reschedule their evaluation is welcome to do so. Individuals in high risk groups (seniors, those with underlying health issues) are encouraged to postpone their evaluation until the risk of spread is reduced.
- 4) Anyone with any symptoms of cold, flu, or respiratory illness (i.e., fever, coughing, sneezing, shortness of breath, hoarse voice, etc.) or just feeling uncharacteristically unwell, is required to reschedule their evaluation appointment. Anyone who has been around anyone else who has been sick or known to have the virus within the past 14 days is required to reschedule their appointment.
- 5) Anyone who is cancelled during this time will receive priority scheduling once it is safe to do so. We can also refer these individuals to other providers to try to be seen sooner elsewhere if they prefer.
- 6) We will not be scheduling any new patients for the time being, so that anyone needing to be rescheduled can be seen in a reasonable amount of time. Any new patients will be put on a waiting list and contacted for scheduling once additional appointment days are available.
- 7) Once evaluations are resumed in the office, all sanitary practices will continue to be followed. This includes disinfecting of touch surfaces and materials, encouragement of frequent handwashing, and asking people who are ill to stay home.

Thank you all for your understanding as we try to keep everyone safe and healthy.

Sincerely,

Patricia Beldotti, Psy.D.